



2025

hello
NOVEMBER

A Meal Program for Older Adults living in the RM of Macdonald



REMEMBRANCE DAY
Let Us Not Forget

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

30						1
2	3 La Salle @ 11:45 Chicken Alfredo Caribou & Black Flies	4	5 Starbuck @11:45 Pork Chops Caribou & Black Flies	6 Sanford @11:45 Liver n'Onions	7	8
9	10 Brunkild@ 11:45 Pulled Pork	11 Remembrance Day	12 Starbuck @11:45 Beef Stew	13 Sanford @ 11:45 Ham & Scalloped Potatoes	14	15
16	17 La Salle @ 11:45 Sweet Chicken	18	19 Starbuck @11:45 Ham & Scalloped Potatoes	20 Sanford @ 11:45 Turkey Noodle Soup & Sandwiches Caribou & Black Flies	21	22
23	24 La Salle @ 11:45 Bonnie's Choice	25	26 Starbuck @11:45 Soup & Sandwiches	27 Sanford @ 11:45 Salmon Cakes	28	29

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Menu subject to change.

Please call ahead to confirm.

\$10 per person